



July 5, 2010

Dear Region 7 Level 9/10 Gymnasts and Coaches,

Congratulations on your accomplishments during the 2010 competitive season. As a result of your qualification to Level 9 Easterns, 10 Nationals or NIT in 2010 (or placement as an alternate) you are invited to attend the **6th Annual Region 7 High Performance Clinic** to be held at **Woodward Gymnastics Camp September 10-12 2010**. This event will be an opportunity to unite the outstanding talent in Region 7 in preparation for the upcoming season and continue the growth of teamwork among our gymnasts, coaches and judges.

- Opportunities for athletes to learn from the most experienced coaches and judges in the region
- Opportunities for coaches to share expertise and learn from specialists in the sport
- Collaboration between coaches and judges
- **Opportunities for exposure with college coaches observing the camp**

We are very excited to be partnering with **Woodward** for this event! This will undoubtedly add to the teambuilding concept while providing state-of-the-art facilities for our athletes to train. We are very fortunate to have this incredible setting and facility in our own Region 7!

This 3-day event will include rotations on all 4 events, plus dance, judging critique, teambuilding and more! The gymnasts will be grouped according to level and age (where possible) to simulate age groups at nationals and easterns.

We are fortunate to have some of the most experienced and seasoned coaches in the country right here in Region 7. They have stepped forward to serve as Master Clinicians, and will lead coaching on their event as well as share expertise among the coaches and gymnasts.

Proceeds from this event will go toward the Region 7 athlete fund. This fund subsidizes activities and apparel for the athletes, including our Region 7 All Star Team program.

Please join us for this outstanding event. Your participation will help our Region 7 team effort at Easterns and Nationals, and will help to develop talent throughout the region for future teams.

I hope to see you there!

Yours truly,

Linda Johnson, Region 7 RJOCC